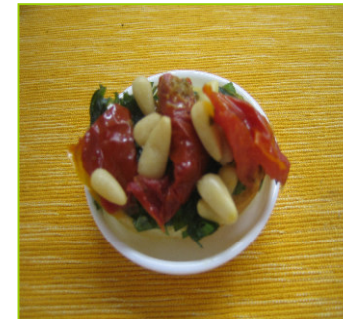


This Brochure

Together with our partners 'Taste Inspira', we have developed and put together this menu with canapés suitable for our gluten allergists, lactose intolerant, diabetic and vegan clients. As we develop our menus further more will be added....



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Should you have any questions or would like to arrange a meeting please contact the sales team on 020 8993 0002 or sales@canapeum.com

Gluten Free Canapés

Working with our partners 'Taste Inspira', Canapeum now have a selection of gluten free canapés which complement our current menu. As we develop our menu's more will be added...



Cold Canapés

Prices per 10 canapés

- | | |
|--|-------|
| ▪ Italian Bruschetta with basil, mint oil, sun dried tomato & pine nuts | £9.00 |
| ▪ Goats cheese & caramelised red onion with walnut on brown crostini | £9.00 |
| ▪ Grilled mint courgette roulade filled with cheese and sun dried tomatoes (v) | £6.50 |
| ▪ Bar marked vegetables with hummus | £8.00 |
| ▪ Mozzarella & pepper with almond & red pepper paste on crostini | £7.50 |

Hot Canapés

Prices per 10 canapés

- | | |
|--|--------|
| ▪ Portobello mushroom, pine nuts & mozzarella | £11.50 |
| ▪ Pumpkin & Honey mustard mash on potato rosti | £7.00 |
| ▪ Grilled salmon with piquillo pepper & spinach on brown crostini | £11.00 |
| ▪ Tandoori spiced chicken sprinkled with coconut on brown crostini | £9.50 |

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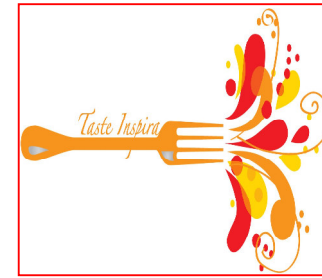
Dairy Free Canapés

Working with our partner 'Taste Inspira', Canapeum now have a selection of dairy free canapés which complement our current menu. As we develop our menus more canapés will be added...

Cold Canapés

Prices per 10 canapés

- Sun dried tomato & basil brochette with pine nuts & min oil £9.50
- Twin courgette with mushroom on brown bread £9.00
- Aubergine & green pea medley in shot glass £13.50
- Quail egg with cherry tomato on brown crostini £7.50
- Bar marked vegetables with hummus £8.00
- Giant cous cous cocktail in shot glass with mint oil & lime dressing £13.00



Hot Canapés

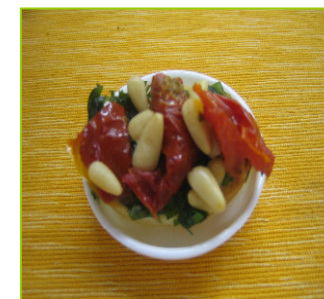
Prices per 10 canapés

- Vegetable samosas £6.50
- Vegetarian roll £9.00
- Julienne vegetables with min oil on white crostini £11.00
- Tandoori spiced chicken sprinkled with coconut on brown crostini £9.50
- Vegetable brochette £7.00

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Canapés suitable for Diabetics

Working with our partner 'Taste Inspira', Canapeum now have a selection of canapés suitable for diabetics which complement our current menu. As we develop our menus more canapés will be added...



Cold Canapés

Prices per 10 canapés

- Tomato tapenade with roasted yellow pepper, mozzarella & pesto on brown bread £7.50
- Lamb Kofta with cucumber & mint Raita & parsley £10.00
- Julienne vegetables with plum sauce on white bread crostini £8.50
- Quail egg with cherry tomato on gluten free brown bread £7.50
- Bar marked courgette wrap with light cheese, sun dried tomato, artichoke & rocket £13.50
- Boccocini & sun blushed tomato £10.00

Hot Canapés

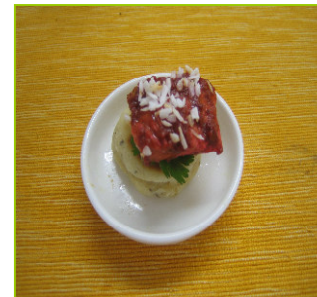
Prices per 10 canapés

- Brochette of salmon with lemongrass & ginger £12.50
- Sautéed scallops with bacon pesto on croute £11.00
- Mini cottage pie topped with pumpkin mash & walnuts £11.10
- Grilled salmon with sun dried tomato & sautéed spinach on white crostini £10.00
- Marinated chicken in Honey and mustard sauce £9.90

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Vegan Canapés

Working with our partner 'Taste Inspira', Canapeum now have a selection of vegan canapés which complement our current menu. As we develop our menus more canapés will be added...



Cold Canapés

Prices per 10 canapés

- Sun dried tomato & basil brochette with pine nuts & mint oil £9.50
- Twin courgette with mushroom on brown bread £9.00
- Aubergine & green pea medley in shot glass £13.50
- Pita bread houmous with bar marked peppers £8.00
- Giant cous cous cocktail in shot glass with mint oil & lime dressing £13.00
- Bar marked courgette wrap with guacamole, sun dried tomato and rocket £8.50

Hot Canapés

Prices per 10 canapés

- Vegetable samosas £6.50
- Vegetarian roll £9.00
- Julienne vegetables with min oil on white crostini £11.00
- Vegetable brochette £7.50

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